An Introduction to Breast Health Services

If You Need Additional Tests

Should your mammography screening or breast examination show an abnormality needing additional study, we can schedule further diagnostic testing within 24 hours, thus eliminating a lengthy wait for test results.

If you anticipate breast surgery or have been diagnosed with breast cancer, we have affiliations with high caliber caring, compassionate breast surgeons who understand your special needs.

How to find us...

We are in Building 2 at St. Joseph Healthcare Park, 900 Broadway in Bangor, approximately 1.5 miles north of St. Joseph Hospital, directly across from Hobart Street.

Hours: Monday through Friday 7 a.m. - 5 p.m.

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Your appointment

Date ___________________________

Time ___________________________

Please call us at 907-1682 or toll-free 1-877-907-0886 if you should need to reschedule your appointment.

Did You Know...

At St. Joseph Healthcare’s Regional Breast Care Center we also offer Bone Density Screening. Our painless DXA scan is used to detect signs of osteoporosis by measuring bone mineral density which helps reduce the risk of fractures due to osteoporosis. Contact our office for a brochure, or download a copy from the Regional Breast Care/Bone Densitometry Department page in the “Our Services” section of the St. Joseph Healthcare website, www.stjoeshealing.org.

Regional Breast Care Center

St. Joseph Healthcare
St. Joseph Hospital
In the Spirit of Healing

900 Broadway, Building 2
Bangor, Maine • 207.907.1841
www.stjoeshealing.org

12/2014
At the St. Joseph Healthcare Regional Breast Care Center, our emphasis is on providing you with everything you need to maintain breast health. Education, screening and early detection are important weapons against breast cancer.

Screening Mammography

Screening digital mammography is offered as an important part of your routine health care when there are no physical signs or symptoms of any breast changes. It is particularly important because it may detect breast cancer which is too small to be felt.

Diagnostic Services

Diagnostic services are available when a breast abnormality, such as a lump, is detected. We use a variety of methods to ensure an accurate diagnosis, including:

- Diagnostic digital mammography
- Breast ultrasound
- Breast Self Examination (BSE) instruction
- Physical breast exams by a nurse
- Fine needle aspiration
- Core biopsy
- Needle localization for surgical biopsy
- MRI-guided biopsy

Many of these services are provided conveniently at the Regional Breast Care Center; others are quickly and conveniently scheduled at St. Joseph Hospital.

Our Credentials

We are proud to continue our tradition of excellence and leadership in breast health which began in 1987. Our facility is fully accredited by the American College of Radiology (ACR) and certified by the Mammography Quality Standards Act.

About Digital Mammography

St. Joseph Healthcare Regional Breast Care Center is equipped with state-of-the-art full-field digital mammography equipment. We were the first in Maine to introduce this technology in 2000, and we are now totally digital. In addition to providing precise and detailed images, digital technology means quicker results, since there is no film to be developed. The images can be viewed instantly and transferred electronically to the radiologist, reducing the wait time for you and your doctor to receive test results.

The Importance of Early Detection...

Discovering breast cancer in its earliest stages increases your treatment options as well as your chances for survival. We offer the best methods of detecting cancer early, including digital mammography, physical examination and breast self-exam education.

Our screening, teaching and diagnostic procedures are all offered in the pleasant surroundings of a modern facility. Our team approach to breast care services offers innovation, compassion and support.

Our Commitment to You

St. Joseph Healthcare Regional Breast Care Center is committed to educating women about breast health practices, helping women understand the value of early screening and providing physical and emotional support in the event breast cancer is detected.

We recognize the concerns which breast cancer screening can create. You will be supported throughout your visit by physicians, nurses and technologists who stay current with the latest knowledge and technology in breast care. We will make every effort to address all of your questions and concerns.