



Driving Directions to St. Joseph Hospital

From Points South

Traveling northbound on I-95: take exit 185 (Broadway) use the left-hand lane on the off-ramp. At the traffic signal at the end of the ramp, turn left onto Broadway. The Hospital entrance is about 0.25 mile ahead on the right.

From Points North

Traveling southbound on I-95: take exit 185 (Broadway). Use the left-hand lane on the off-ramp. At the traffic signal at the end of the ramp, turn left onto Broadway. At the next traffic signal, proceed straight ahead. The hospital entrance is about 0.25 mile ahead on the right.

St. Joseph Surgery Center



st. joseph healthcare

St. Joseph Hospital

In the Spirit of Healing

*A Member of Covenant Health
Founded by the Felician Sisters*

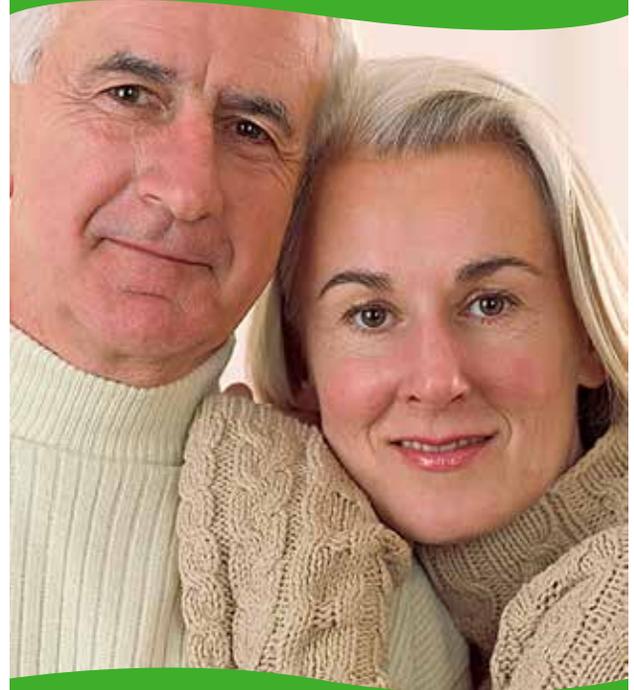
360 Broadway • Bangor, Maine

207.907.1449

stjoeshealing.org

Joint Camp:

A Preparation Class
for Patients Anticipating
Joint Replacement



St. Joseph Surgery Center

You are one of the thousands of individuals each year who have elected to undergo a joint replacement procedure. At St. Joseph Hospital, we offer an informational course especially for you.



As you prepare for your joint replacement surgery, you may have questions. The caring staff at St. Joseph Hospital

is proud to offer a Joint Replacement Information Class. This two - hour course is designed to help you understand what to expect before, during and after your surgical procedure.

This class teams you and your caregiver with our staff to answer any questions or concerns you may have about your upcoming surgery. Step by step, you will learn exactly what will take place the day of your surgery, during your hospital stay and through your recovery.

This is a voluntary program offered free of charge by St. Joseph Hospital.

Joint Camp Highlights:

- The Ambulatory Surgery Unit
- The Operating Room
- Your Anesthesia
- Post Anesthesia Care
- Your Room in the Orthopedic Unit
- Physical and Occupational Therapy
- Your Recovery



How Our Program Works

A team member from our **Joint Camp** will be notified of your scheduled date for surgery. You will receive a call at home to ask if you are interested in attending a class before surgery.

If you wish to attend a class after reading this brochure, please call **(207) 907-1763** and speak to a member of the Case Management Department to let us know that you wish to attend Joint Camp.



For Your Convenience

Before your surgery, you will need to make an appointment for Pre-admission Testing (PAT). The Staff at St. Joseph Hospital will gladly schedule your PAT appointment to take place after you have attended Joint Camp.