Getting to Know Your St. Joseph Healthcare Providers

Quick Guide to Providers at St. Joseph Healthcare’s Physician Practices

April 2016

St. Joseph Healthcare
St. Joseph Hospital
In the Spirit of Healing
A Member of Covenant Health
Founded by the Felician Sisters

Bangor, Maine
stjoeshealing.org

Your Providers – Your Choice
St. Joseph Healthcare maintains several provider practices in various specialties, including five primary care practices; and specialty practices in Gastroenterology, Endocrinology, General Surgery, Respiratory Care, Cardiology, Rheumatology and more.

We have 15 practices with more than 60 practitioners to serve you

At St. Joseph Healthcare Park ● 900 Broadway
- St. Joseph Diabetes & Nutrition Center*
- St. Joseph Endocrinology*
- St. Joseph Rheumatology*
- St. Joseph Family Medicine - Broadway*
- St. Joseph Internal Medicine*
- St. Joseph WorkWell (Occupational Medicine)

At St. Joseph Hospital ● 360 Broadway
- St. Joseph Cardiology*
- St. Joseph Gastroenterology*
- St. Joseph General Surgery
- St. Joseph Hospitalist Service
- St. Joseph Respiratory Care*
- St. Joseph Skin and Wound Healing Center
  With Hyperbaric Medicine

At Evergreen Woods ● 700 Mount Hope Avenue
- St. Joseph Family Medicine - Evergreen Woods*

In Brewer (329 Wilson Street)
- St. Joseph Family Medicine - Brewer*

In Hampden (21 Western Avenue)
- St. Joseph Family Medicine - Hampden*

*Department of St. Joseph Hospital
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  - Location: 900 Broadway

- **St. Joseph Hospital**
  - Location: 360 Broadway

- **St. Joseph Family Medicine-Hampden**
  - Location: 21 Western Ave.

- **St. Joseph Family Medicine-Brewer**
  - Location: 329 Wilson Street
St. Joseph Cardiology

Department of St. Joseph Hospital

Cardiologist Consults and Direct Access to a Wide Range of Cardiac Services

St. Joseph Hospital - Suite 202
360 Broadway
Bangor, Maine
907-1770
Scott Deron DO, FACC
St. Joseph Cardiology
360 Broadway, Suite 202
Bangor, Maine
207-907-1770

Fellowship: Albert Einstein Medical Center, Philadelphia
Board Certified: Internal Medicine, Cardiology, Interventional Cardiology, Clinical Lipidology

Prafull Raheja MD
St. Joseph Cardiology
360 Broadway, Suite 202
Bangor, Maine
207-907-1770

Postgraduate Studies: University of Florida, Jacksonville, Michael Reese Hospital, Chicago

Fellowship: Internal Medicine, Interventional Cardiology, Cardiovascular Disease, Southwestern Medical Center, Dallas and University of Louisville

Board Certified: Internal Medicine, Nuclear Cardiology, Cardiovascular Medicine, Adult Echocardiography

Fun Facts: Enjoys swimming, walking and family

Continued on next page...
Vrinda Sardana MD
St. Joseph Cardiology
360 Broadway, Suite 202
Bangor, Maine
207-907-1770

Postgraduate Studies: University of Florida, Gainesville, Michael Reese Hospital, Chicago

Fellowship: Chief Cardiovascular Fellow, University of Florida, Gainesville

Board Certification: Cardiovascular Disease

Caitlin McNally PA-C
St. Joseph Cardiology
360 Broadway, Suite 202
Bangor, Maine
207-907-1770

Education: Masters of Physician Assistant Studies, University of New England

Certification: National Commission on Certification of Physician Assistants (NCCPA)

Medical Interests: Pulmonary Medicine, Family Medicine, Emergency Medicine

Fun Facts: Enjoys gluten free cooking, yoga, spending time at camp
Jason Trenkle PA-C
St. Joseph Cardiology
360 Broadway, Suite 202
Bangor, Maine
207-907-1770

**Education:** Physician Assistant training, University of St. Francis, Albuquerque NM

**Certification:** National Commission on Certification of Physician Assistants (NCCPA)

**Fun Facts:** Enjoys writing, video editing, hiking, biking, roller-skating, chess, juggling
St. Joseph
Diabetes & Nutrition Center/St. Joseph Endocrinology
Endocrinology Care, Diabetes Care and Diabetes & Nutrition Education
St. Joseph Healthcare Park - Building 3
900 Broadway
Bangor, Maine
907-1187
Mark Henderson MD

St. Joseph Endocrinology
900 Broadway, Building 3, Bangor, Maine
207-907-1187

Internship/Residency: Berkshire Medical Center
Fellowship: Baystate Medical Center
Board Certified: Internal Medicine
Medical Interests: Endocrinology
Fun Facts: Enjoys bicycling, growing tomatoes

Poonam Khadka MD

St. Joseph Endocrinology
900 Broadway, Building 3, Bangor, Maine
207-907-1187

Internship/Residency: New Rochelle Hospital Medical Center
Fellowship: Dartmouth Hitchcock Medical Center
Board Certified: Internal Medicine
Medical Interests: Endocrinology, Diabetes & Metabolism

Continued on next page...
Ana Mendoza-Salazar MD, FACE
St. Joseph Endocrinology
900 Broadway, Building 3, Bangor, Maine
207-907-1187

Internship/Residency: Albert Einstein Medical Center, Philadelphia
Fellowship: University of Massachusetts
Board Certified: Certified in neck ultrasonography; Fellow, American College of Endocrinology
Medical Interests: Thyroid and parathyroid disease
Fun Facts: Enjoys charcoal drawing, and painting in pastel, watercolor and oil; organic gardening, Latin American cooking and baking

Lori Downs RN, CDE
St. Joseph Diabetes & Nutrition Center
900 Broadway, Building 3, Bangor, Maine
207-907-1187

Education: University of Maine
Medical Interests: Diabetes
Fun Facts: Enjoys biking, hiking, grand kids, singing

Sheryl Sparlin FNP, CDE
St. Joseph Diabetes & Nutrition Center
900 Broadway, Building 3, Bangor, Maine
207-907-1187

Education: Husson University FNP Program
Certification: American Nurses Credentialing Center (ANCC)
Medical Interests: Endocrinology, diabetes management
Fun Facts: Enjoys anything outdoors
Julie Hovencamp RD, CDE
St. Joseph Diabetes & Nutrition Center
900 Broadway, Building 3, Bangor, Maine
207-907-1187

**Education**: MS, Food Science and Human Nutrition, University of Maine

**Medical Interests**: Nutrition therapy for diabetics

**Fun Facts**: Enjoys animals, hiking
St. Joseph
Family Medicine - Evergreen Woods
Evergreen Woods - Suite 210
700 Mount Hope Avenue
Bangor, Maine
907-3030

St. Joseph
Family Medicine - Brewer
329 Wilson Street
Brewer, Maine
307-3000

St. Joseph
Family Medicine - Broadway
St. Joseph Healthcare Park - Building 3
900 Broadway
Bangor, Maine
907-3777

St. Joseph
Family Medicine - Hampden
21 Western Avenue
Hampden, Maine
862-0300
Emily Bryant DO  
St. Joseph Family Medicine-Brewer  
329 Wilson Street, Brewer, Maine  
207-307-3000  
**Family Medicine Residency:** Eastern Maine Medical Center  
**Board Certified:** Family Medicine  
**Medical Interests:** Women’s health, sports medicine

Jennifer Freese DO  
St. Joseph Family Medicine-Brewer  
329 Wilson Street, Brewer, Maine  
207-307-3000  
**Family Medicine Residency:** Brown University Medical School  
**Board Certified:** Family Medicine  
**Medical Interests:** Family Medicine, Osteopathic Manipulative Treatment (OMT)  
**Fun Facts:** Enjoys watching and playing sports, travel

Continued on next page...
Paula Johnston MD  
St. Joseph Family Medicine-Brewer  
329 Wilson Street, Brewer, Maine  
207-307-3000  
**Family Medicine Internship:** University of Rochester-Strong Memorial Hospital  
**Board Certified:** American Association of Family Practice  
**Additional Training:** Obstetrics, Urgent Care, Rural Family Medicine  
**Fun Facts:** Enjoys playing flute, swimming, cross-country skiing, hiking, Origami, baking, cooking

Christine Nealley FNP-C  
St. Joseph Family Medicine-Brewer  
329 Wilson Street, Brewer, Maine  
207-307-3000  
**Education:** MSN, Husson University Family Practitioner Program  
**Certification:** American Nursing Credentialing Center (ANCC)

Alisa Roberts DO  
St. Joseph Family Medicine-Brewer  
329 Wilson Street, Brewer, Maine  
207-307-3000  
**Residency & Fellowship:** Eastern Maine Medical Center  
**Board Certified:** Family Medicine and Osteopathic Manipulation/Neuromuscular Medicine  
**Medical Interests:** Non-surgical orthopedic problems, women and children’s health, prevention  
**Fun Facts:** Enjoys sailing, reading and gardening
Donna Cotton FNP
St. Joseph Family Medicine-Broadway
900 Broadway, Building 3, Bangor, Maine
207-907-3777

**Education**: Husson University

**Certification**: American Nurses Credentialing Center

**Medical Interests**: Family Medicine, Pediatrics

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Kim Files FNP-C
St. Joseph Family Medicine-Broadway
900 Broadway, Building 3, Bangor, Maine
207-907-3777

**Education**: MSN, Husson University Family & Community Nurse Practitioner Program

**Board Certified**: American Academy of Nurse Practitioners (AANP)

**Fun Facts**: Kim serves with the Maine Air National Guard as a nurse/infection control officer. She enjoys making jewelry and loves cats.

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Ghinwa Hassan MD
St. Joseph Family Medicine-Broadway
900 Broadway, Building 3, Bangor, Maine
207-907-3777

**Internship/Residency**: SUNY-Brooklyn

**Board Certified**: Family Medicine

**Medical Interests**: Preventive care

*Continued on next page...*
Karen Sullivan CNM  
St. Joseph Family Medicine-Broadway  
900 Broadway, Building 3, Bangor, Maine  
207-907-3777  

**Education:** BSN, Husson University; MSN, Philadelphia University; Certificate of Advanced Study (FNP) University of Maine  

**Certification:** American College of Nurse Midwives  

**Medical Interests:** Certified nurse midwife; non-surgical management of pelvic pain and urinary incontinence; women’s healthcare with special interest in heredity cancer testing and cervical health  

**Fun Facts:** Enjoys gardening, biking  

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Kevyn Comstock DO  
St. Joseph Family Medicine-Evergreen Woods  
Suite 210, Evergreen Woods  
700 Mount Hope Avenue  
Bangor, Maine  
207-907-3030  

**Internship/Residency:** Eastern Maine Medical Center  
**Fellowship:** Neuromuscular Medicine  
**Board Certified:** Family Practice, Neuromusculoskeletal Medicine
Heather Evans DO
St. Joseph Family Medicine-Evergreen Woods
Suite 210, Evergreen Woods
700 Mount Hope Avenue
Bangor, Maine
207-907-3030

Internship/Residency: Eastern Maine Medical Center
Board Certified: Family Medicine

Medical Interests: Nutrition, preventive medicine, minor skin procedures, osteopathic manipulation, women’s health

Fun Facts: Enjoys hiking, horseback riding, skiing, traveling, reading, music, theater, good food and wine, family and friends

Bryan Lundquist MD
St. Joseph Family Medicine-Evergreen Woods
Suite 210, Evergreen Woods
700 Mount Hope Avenue
Bangor, Maine
207-907-3030

Internship/Residency: Eastern Maine Medical Center
Board Certified: Family Medicine

Fun Facts: Enjoys volunteering for his church, hiking, photography, computers, cars, gardening and winter sports

Continued on next page...
Chadwick Szylvian MD, MPH
St. Joseph Family Medicine - Evergreen Woods
Suite 210, Evergreen Woods
700 Mount Hope Avenue
Bangor, Maine
207-907-3030

Residency: Eastern Maine Medical Center

Kathy Bouton-Semmel PA-C
St. Joseph Family Medicine-Hampden
21 Western Avenue, Hampden, Maine
207-862-0300

Education: Albany Medical College Physician Assistant Program

Certification: National Commission on Accreditation of Physician Assistants

Darla Cameron FNP-C
St. Joseph Family Medicine-Hampden
21 Western Avenue, Hampden, Maine
207-862-0300

Education: MSN, University of Maine Family Practitioner Program

Certification: Advanced Nurse Practitioner, American Academy of Nurse Practitioners

Warren Shearer MD
St. Joseph Family Medicine-Hampden
21 Western Avenue, Hampden, Maine
207-862-0300

Residency: Eastern Maine Medical Center

Board Certified: American Board of Family Medicine
St. Joseph Gastroenterology

Department of St. Joseph Hospital
Comprehensive Digestive Disease Diagnosis and Care

St. Joseph Hospital - Suite 100
360 Broadway
Bangor, Maine
907-3550
Angeli Chopra MD
St. Joseph Gastroenterology
360 Broadway, Suite 100
Bangor, Maine
207-907-3550
Residency: University of Alberta, Edmonton
Fellowship: Gastroenterology, University of Alberta
Fellowship: Hepatology, University of Calgary, Alberta
Board Certified: Internal Medicine

Angel Fernandez MD
St. Joseph Gastroenterology
360 Broadway, Suite 100
Bangor, Maine
207-907-3550
Fellowship: Albert Einstein Medical Center
Board Certified: Internal Medicine

Mark Lena MD
St. Joseph Gastroenterology
360 Broadway, Suite 100
Bangor, Maine
207-907-3550
Internship: Presbyterian/St. Luke’s Medical Center
Residency, Fellowships: Dartmouth-Hitchcock Medical Center, Lahey-Hitchcock Clinic
Board Certified: Internal Medicine, Gastroenterology

Continued on next page...
Erika Madrigal MD  
St. Joseph Gastroenterology  
360 Broadway, Suite 100  
Bangor, Maine  
207-907-3550  

**Internship, Residency, Fellowship:** Loma Linda University Medical Center; University of Chicago  
**Board Certified:** Internal Medicine, Gastroenterology  
**Medical Interests:** Pancreatobiliary disease, ERCP, endoscopic ultrasound

Hatem Shoukeir MD  
St. Joseph Gastroenterology  
360 Broadway, Suite 100  
Bangor, Maine  
207-907-3550  

**Internship, Residency, Fellowship:** SUNY/Brooklyn, NY  
**Board Certified:** Internal Medicine, Gastroenterology

Barbara Marzolf FNP  
St. Joseph Gastroenterology  
360 Broadway, Suite 100  
Bangor, Maine  
207-907-3550  

**Education:** Duke University School of Nursing  
**Certification:** American Nursing Credentialing Center (ANCC)  
**Fun Facts:** Enjoys spending time with family, walking, hiking, traveling
Julie Quinn PA-C
St. Joseph Gastroenterology
360 Broadway, Suite 100
Bangor, Maine
207-907-3550

**Education:** University of New England

**Certification:** National Commission on Certification of Physician Assistants

**Medical Interests:** Gastroenterology

**Fun Facts:** Enjoys reading, running, hiking, camping, skiing
St. Joseph
General Surgery
General Surgery Including
Esophageal and Bowel Surgery

St. Joseph Hospital - Suite 207
360 Broadway
Bangor, Maine
907-3650
Kshitij Kakar MD
St. Joseph General Surgery
360 Broadway, Suite 207
Bangor, Maine
207-907-3650

**Postgraduate Training:** Rhode Island Hospital, University of Texas Health Science Center, University Hospitals, Case Medical Center

**Board Certified:** Surgery

**Medical Interests:** Laparascopic and general surgery

**Fun Facts:** Enjoys working out, running, soccer, swimming, reading, music, cooking, travel

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Michael Starks MD
St. Joseph General Surgery
360 Broadway, Suite 207
Bangor, Maine
207-907-3650

**Residency:** Maine Medical Center

**Board Certified:** American Board of Surgery

**Medical Interests:** Thyroid surgery

**Fun Facts:** Enjoys sailing, fishing, kayaking, hiking, cooking, stained glass, photography

Continued on next page...
Tracy Bennett PA-C
St. Joseph General Surgery
360 Broadway, Suite 207
Bangor, Maine
207-907-3650

Education: Masters Degree, Physician Assistant studies, University of New England

Karis Gale PA-C
St. Joseph General Surgery
360 Broadway, Suite 207
Bangor, Maine
207-907-3650

Education: University of New England College of Health Professions

Certification: National Commission on Certification of Physician Assistants
Sufana Alkhunaizi MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362

Internship: Baystate Medical Center/Tufts University School of Medicine

Fellowship: Palliative Care & Geriatric Medicine, University of Miami

Board Certified: Internal Medicine, Geriatrics, Palliative Care

Medical Interests: Quality Improvement, Geriatrics, Palliative Care

Fun Facts: Likes running, hiking, working out, traveling

Ahmad Altarawneh MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362

Residency: Morristown (NJ) Medical Center

Board Certified: Internal Medicine

Continued on next page...
Wassim Assaf MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 ● 1-866-646-7362

Internship/Residency: University of Pittsburgh Medical Center

Board Certified: Internal Medicine

Giedre Karakalpakis MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 ● 1-866-646-7362

Residency: Flushing (NY) Hospital Medical Center

Board Certified: Internal Medicine

Ioannis Karakalpakis MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 ● 1-866-646-7362

Residency & Fellowship: Flushing (NY) Hospital Medical Center

Medical Interests: Geriatric Medicine

Board Certified: Internal Medicine, Geriatric Medicine

Fun Facts: enjoys training for triathalons; completed his first Ironman race.
My-Anh Le DO
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362
Residency: Doctors Hospital-West
Board Certified: Internal Medicine

Steven Milburn DO
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362
Residency: Doctors Hospital-West
Board Certified: Internal Medicine

Steven Nadeau MD, FHM - Chief Hospitalist
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362
Residency: St. Vincent Hospital/Worcester Medical Center
Fellow: Hospital Medicine
Board Certified: Internal Medicine
Medical Interests: Infectious diseases, cardiology
Fun Facts: Enjoys kayaking, hiking, skiing; enjoys watching PBS, especially NOVA, Frontline, News Hour

Continued on next page...
Hospital Medicine, continued...

Claudia Picone MD
St. Joseph Hospitalist Service
360 Broadway, Bangor, Maine
207-907-3215 • 1-866-646-7362

Residency: Internal Medicine - York Hospital, York, PA;
Family Practice - Saint Margaret’s Memorial Hospital,
Pittsburgh, PA.

Board Certified: Internal Medicine
St. Joseph
Internal Medicine
Primary Health Care
for Our Adult Community

St. Joseph Healthcare Park - Building 5
900 Broadway
Bangor, Maine
907-3300
Kathleen Bernard FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: University of Maine School of Nursing Family Nurse Practitioner Program
Certification: AANP

Teresa Bartlett FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: Husson University Nurse Practitioner Program
Certification: AANP

Kristen Druan FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: BSN, University of Maine, MSN, Husson University
Certification: AANP

Continued on next page...
Elizabeth Duke NP-C
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Education: MSN, University of Southern Maine
Certification: AANP

Medical Interests: Osteoporosis, clinical densitometry. Elizabeth operates an Osteoporosis Clinic within our practice on Broadway
Fun Facts: Enjoys books, watercolors, knitting, family, dogs, traveling

Theresa Hainer FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Education: Husson University
Certification: American Nurse Credentialing Center

Medical Interests: Diabetes education
Fun Facts: Enjoys spending time with her grandchildren, running, organic gardening, beekeeping, reading, soapmaking
David Koffman MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Internship/Residency: University of Chicago Hospitals
Board Certified: Internal Medicine
Medical Interests: Use of Information Technology in the healthcare Setting
Fun Facts: Enjoys hiking, biking, skiing, paddleboarding and sports photography

Cynthia Leiffer ANP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: MSN, Massachusetts General Hospital Institute of Health Professions
Certification: American Nurse Credential Center
Medical Interests: geriatrics, menopause, depression/anxiety, LGBT health, holistic health
Fun Facts: Enjoys writing, literature, art, travel, camping, cycling, snowshoeing, volunteer work, healthy cooking, grandchildren and pets
Carrie Lucy FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: BSN, University of Maine. MSN, Nurse Practitioner Program, Husson University
Certification: American Nurse Credential Center
Fun Facts: Outdoor activities and time with family

Miki MacDonald FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: Johns Hopkins University School of Nursing; University of California; MSN, University of Maine
Certification: American Nurse Credential Center
Medical Interests: Substance abuse, psychiatric challenges, holistic health
Fun Facts: Enjoys collaborating with nurses in Nicaragua

Marilyn Michaud FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300
Education: University of Maine; University of Alaska
Certification: American Nurse Credential Center
Fun Facts: Likes golden retrievers, enjoys reading
Cindy Milles FNP PhD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Education: Husson University, Capella University
Certification: American Nurse Credential Center
Medical Interests: Women’s health, asthma management, addiction therapy
Fun Facts: Enjoys travel, spending time at camp with family and friends

Karen Nichols PAC
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Education: Master of Health Sciences/Physician Assistant Training, George Washington University, Washington DC
Certification: National Commission on Certification of Physician Assistants (NCCPA)
Medical Interests: Karen’s PA experience includes rural health, medical oncology, orthopedics and occupational medicine

Sanjay Pandey MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Internship/Residency: South Shore Medical Center, New Rochelle, NY
Board Certified: Internal Medicine

Continued on next page...
David Prokop MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Internship/Residency: University of South Alabama
Board Certified: Internal Medicine
Medical Interests: Dermatology
Fun Facts: Enjoys skiing, swimming and bike riding

Eva Quirion FNP
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Education: MSN, University of Maine Family Nurse Practitioner Program; PhD candidate, University of Phoenix
Certification: AANP
Medical Interests: Pain Care

Kerry Riker MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Postgraduate Training: Medical College of Virginia
Board Certified: Internal Medicine
Fun Facts: Enjoys architectural history
Dara Rock MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Residency: University of Rochester-Strong Memorial Hospital

Board Certified: Internal Medicine

Medical Interests: Adult primary care, women’s health, routine GYN care

Fun Facts: Enjoys hiking, walks with her family and dog and going to church

Ilsa Shulman MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Internship/Residency: University of Pittsburgh

Board Certified: Internal Medicine

Fun Facts: Enjoys gardening, hiking, horseback riding, spending time with family

Mukaddes Yasar MD
St. Joseph Internal Medicine
900 Broadway, Building 5, Bangor, Maine
207-907-3300

Internal Medicine Residency: Englewood (NJ) Hospital and Medical Center/Mount Sinai School of Medicine

Infectious Disease Fellowship: University of Medicine and Dentistry (NJ)

Board Certified: Internal Medicine

Medical Interests: Infectious diseases, Hepatitis C

Fun Facts: Hiking, traveling, cooking, spending time with family and friends
St. Joseph WorkWell
Occupational Health Services for Business and Industry

St. Joseph Healthcare Park - Building 1
900 Broadway
Bangor, Maine
907-3010
Craig Curtis MD, FACOEM, FAAFP
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

Medical Education: St. Louis University School of Medicine

Internship/Residency: The Medical Center of Beaver, PA

Board Certified: Family Medicine

Fellow: American Association of Family Physicians, American College of Occupational and Environmental Medicine

Medical Interests: Energy medicine, wellness

Fun Facts: Enjoys hunting, boating, scuba diving, skiing

Sherrie Downing PA-C
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

Education: Yale University School of Medicine Physician Assistant Program

Michael Rizzo FNP-C, CIC
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

Education: MSN, University of Maine Family Nurse Practitioner Program
Deborah Whittemore APRN, WOCN
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

**Education:** BSN, University of Bridgeport; MSN, Boston College

**Medical Interests:** Wound management, community health, pharmacology

**Certification:** American Nurses Credentialing Center (ANCC)

**Fun Facts:** Insert text here

Linda Willard FNP
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

**Education:** Family Nurse Practitioner (FNP) Program

**Medical Interests:** Occupational Medicine

**Fun Facts:** Enjoys dogs, outdoor activities, gardening

Beverly Young RN
St. Joseph WorkWell
900 Broadway, Building 1, Bangor, Maine
207-907-3010

**Education:** University of Maine

**Medical Interests:** Occupational Medicine, ergonomics

**Fun Facts:** Loves her dog, enjoys snowshoeing, golf, cooking
St. Joseph
Respiratory Care

Department of St. Joseph Hospital

Diagnosis and Treatment of Diseases of the Lung

St. Joseph Hospital - Suite 204
360 Broadway
Bangor, Maine
907-1155
Andrew Dixon MD  
St. Joseph Respiratory Care  
360 Broadway, Suite 204  
Bangor, Maine  
207-907-1155  

**Residencies:** Dartmouth-Hitchcock Medical Center, Hanover NH; University of Hawaii, Honolulu  
**Fellowships:** Hartford Hospital; Rush Presbyterian Medical Center, Chicago, IL  
**Board Certified:** Critical Care Medicine, Internal Medicine, Pulmonary Diseases, Sleep Medicine  
**Fun Facts:** Enjoys competing in triathlons

Ganesha Santhyadka MD  
St. Joseph Respiratory Care  
360 Broadway, Suite 204  
Bangor, Maine  
207-907-1155  

**Internship:** Montefiore Medical Center, Bronx, NY  
**Residencies:** Topiwala Nat’l Medical College, Bombay, India; Pennsylvania Hospital/University of Pennsylvania  
**Board Certified:** Internal Medicine, Pulmonary Medicine, Critical Care, Sleep Medicine  
**Medical Interests:** Lung cancer, COPD/asthma, septic shock, sleep medicine  
**Fun Facts:** Enjoys skiing, cycling
St. Joseph
Rheumatology
Diagnosis and Care for Arthritis and Other Joint Pain

St. Joseph Healthcare Park - Building 3
900 Broadway
Bangor, Maine
907-3370
Ruthie Chua MD
St. Joseph Rheumatology
900 Broadway, Building 3, Bangor, Maine
207-907-3370

Residency: Internal Medicine, Sound Shore Medical Center, Westchester, NY

Fellowship: Rheumatology, Dartmouth-Hitchcock Medical Center

Medical Interests: Rheumatology, patient satisfaction and quality assurance

Certification: Internal Medicine, Rheumatology

Fun Facts: Enjoys travelling, gaining new experiences and trying out new things

Jalal Mukhtar MD
St. Joseph Rheumatology
900 Broadway, Building 3, Bangor, Maine
207-907-3370

Internship & Residency: Allegheny General Hospital, Pittsburgh PA

Fellowship: Rheumatology, University of Texas Health Science Center, San Antonio

Certification: American Board of Internal Medicine

Member: American College of Rheumatology

Continued on next page...
Asha Shrestha MD
St. Joseph Rheumatology
900 Broadway, Building 3, Bangor, Maine
207-907-3370

Residencies: Memorial Hospital of Rhode Island/Alpert Medical School, Brown University; Maine Medical Center

Fellowship: Rheumatology, Albert Einstein College of Medicine/Yeshiva University, New York, NY

Medical Interests: Musculoskeletal ultrasound and ultrasound guided joint injections

Certification: Internal Medicine

Member: American College of Rheumatology
St. Joseph Skin & Wound Healing Center

– With Hyperbaric Medicine

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St. Joseph Hospital
360 Broadway
Bangor, Maine
907-1550
Marian Benner MD

St. Joseph Skin and Wound Healing Center
St. Joseph Hospital, 360 Broadway, Bangor, Maine
207-907-1550

**Internship/Residency:** Harbor Hospital Center, Baltimore, MD, Internal Medicine

**Fellowship:** American Academy of Wound Care Professionals

**Board Certified:** Internal Medicine

Michael Coyne MD

St. Joseph Skin and Wound Healing Center
St. Joseph Hospital, 360 Broadway, Bangor, Maine
207-907-1550

**Postgraduate Training:** Maine Medical Center, Internal Medicine, Infectious Diseases

**Board Certified:** Internal Medicine

Samantha Sleight BSN

St. Joseph Skin and Wound Healing Center
St. Joseph Hospital, 360 Broadway, Bangor, Maine
207-907-1550

**Education:** Husson University/EMMC School of Nursing

**Medical Interests:** Sensory testing, and foot and nail care for diabetics and patients with neuropathy
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Infusion Therapy ............................. 907-1550

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Fax ........................................... 907-3031
Family Medicine Brewer ............... 307-3000
Fax ........................................... 907-1043
Family Medicine Broadway ......... 907-3777
Fax ........................................... 907-3778
Family Medicine Hampden .......... 862-0300
Fax ........................................... 907-1041
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