



## How to find us...

We are located on the fourth floor of

St. Joseph Hospital, 360 Broadway in Bangor. You may park in the parking lot, or drive to the Main Entrance where complimentary valet parking is available for your convenience.

## How do I get an appointment?

If you think you or someone you know could be helped by our services, contact your primary care provider.

### Wound and Hyperbaric Medicine Center



st. joseph healthcare  
St. Joseph Hospital  
*In the Spirit of Healing*

360 Broadway, Bangor, Maine • 207-907-1550

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# A Patient's Guide to Wound Care and Hyperbaric Medicine



### Wound and Hyperbaric Medicine Center



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[www.stjoeshealing.org](http://www.stjoeshealing.org)

# Our Approach to Wound Care...

The Wound and Hyperbaric Medicine Center at St. Joseph Hospital is Maine's first comprehensive wound care center. We are committed to providing the highest quality care with compassion and competence.

**D**o you or someone you care about have a wound that just won't heal? We offer compassionate and competent care for wounds such as: diabetic foot/leg ulcers, lower leg ulcers from poor circulation, chronic skin infections, chronic bone infections, radiation tissue damage, preservation of skin grafts/flaps, surgical wounds, traumatic wounds, and other conditions. We can also handle the specialized wound care needs of patients with lymphedema. We take a holistic approach to wound care. We work with community resources as needed, including home care nurses, St. Joseph Healthcare's Diabetes and Nutrition Center, orthotics providers and primary care physicians to bring you the best care possible.

We will teach you and your family how to properly care for your wound. This will include information about nutrition, dressing your wound, signs and symptoms of infection, and preventing complications.

While here, you will be seen by one of our specially trained nurses and our Wound Center physicians. Together we will develop a plan of care for you. The staff is here to answer your questions and help you along the way.

We also offer hyperbaric oxygen therapy (HBOT). Not every wound is appropriate for hyperbaric treatment; each is evaluated on an individual basis.

## What is Hyperbaric Oxygen Therapy?

**I**t is a medical treatment that aids in the healing of certain wounds and in the treatment of other disorders as well, including:

- Osteomyelitis (bone infections)
- Carbon monoxide poisoning and smoke inhalation
- Necrotizing fasciitis ("flesh-eating bacteria")
- Decompression sickness/diving accidents ("the bends")
- Tissue damage due to excessive exposure to radiation therapy

Hyperbaric oxygen therapy is a doctor-prescribed treatment where the patient is placed in a pressurized oxygen chamber, breathing 100% oxygen. Because the chamber is pressurized, it delivers pure oxygen to the bloodstream quickly, enhancing the healing process.

